

# COVID - 19 Material Management and Best Practices for Art Therapy

Keeping art supplies free from contamination during this time of the novel coronavirus is just as important as handwashing (Davis, 2020).

Protecting clients and anyone who comes into contact with art supplies & materials includes being mindful about material management and only using art supplies that have been disinfected between each client and group.

The following are best practices and guidelines for hygienic art material use that this art therapy space uses:

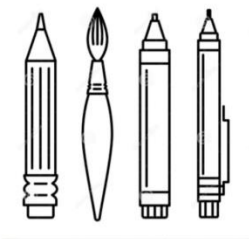


## Proper Handwashing/Sanitizing

Upon entering the art therapy/group space and when leaving the art therapy/group space.

## Material Management

Use of communal art supplies (i.e. everyone sharing or passing around art materials in group) is not allowed during this time of COVID-19. Art materials are pre-structured, organized, and cleaned by the art therapist for individual use before the group/client session, informed by that session's planned art intervention. To support social distancing requirements, clients will obtain the session's art supplies one at a time in a designated area to take back to their work space. The end of group is designated for each client (gloved) to sanitize their materials with alcohol wipes and return their supplies one at a time to an area determined by the art therapist.



## Disinfecting Art Materials

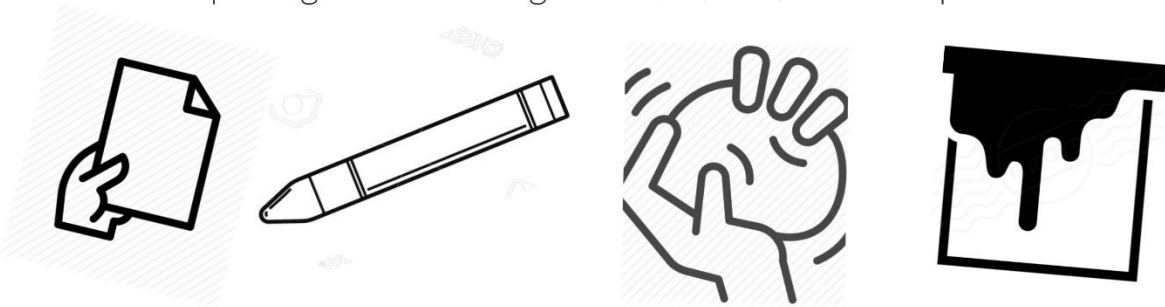
Art materials and work spaces are cleaned between use of each group or client with alcohol wipes or soap & water. Art materials that cannot be cleaned will be disposed of after each use or given to client to take home for their own use/keep.



### Single use art materials

(Used once: Kept by client or thrown away)

Paper \* Chalk pastels \* Tissue Paper \* Liquid paint \*  
Canvas boards \* Charcoal \* Oil pastels \* Magazine Collage \* Mod Podge \*  
Pre-packaged Model Magic \* Fabric/Felt/Fiber \* Pipecleaners



### Multiple use materials

(When disinfected, cleaned between each use)

Markers \* Paint brushes w/ plastic handles only \* Scissors \*  
\*Colored Pencils \* Pencils (plastic mechanical casing ) \* Paint Sticks \*  
Watercolor Trays \* Glue Sticks/Liquid Glue Bottles \* Rulers \* Twistables \*  
\* Digital Art Therapy Computer, Stylus \*



Markers, colored pencils, twistables, & paint sticks are contained and distributed as individual packages for each client's use. These materials are disinfected/cleaned by the client after each session/group and returned sanitized in each bag. This practice indicates to the next client using these materials that they have been disinfected and are safe (Davis, 2020).

Davis, A. (2020). Best Practices for Using ArtSupplies Hygienically during the COVID- 19 Outbreak Art Therapy Today. The American Art Therapy Association

Potash, J.S., Kalmanowitz, D., Fung I., Anand, S., & Miller, G. M. (2020) Art therapy in pandemics: Lessons for COVID-19, Art Therapy: The Journal of the American Art Therapy Association, DOI: 10.1080/07421656.2020.1754047